



III TRIATHLON W ZIMNEJ WODZIE W ŁUKOWIE

Organizator: Ośrodek Sportu i Rekreacji w Łukowie; Klub Biegacza V-Max Adamów

Data: 03.06.2023

Dystans: 1/2 Ironman (1,9-90-21)

Miejscowość: Łuków

Msc.	Nr start.	Nazwisko Imię	Team	Msc K/M	Kat	Msc Kat	Pływanie	msc	T1	Rower	msc	T2	Bieg	msc	Wynik	KARA
1	32	Rybicki Artur	Rybicki Triathlon Coach	1	M1	1	00:29:54	2	00:01:44	02:15:14	3	00:01:22	01:24:47	1	04:13:01	
2	1	Biernacki Łukasz	Victus Rębków	2	M2	1	00:30:21	3	00:01:40	02:16:57	4	00:01:18	01:26:35	4	04:16:51	
3	29	Piotrowski Aleksander	Iron Silesia	3	M2	2	00:32:33	5	00:01:22	02:14:53	2	00:01:44	01:26:33	3	04:17:05	
4	35	Serwiński Radek	Trinergy	4	M3	1	00:35:36	11	00:01:46	02:17:17	5	00:01:19	01:24:50	2	04:20:48	
5	7	Danek Bartek	Trinergy	5	M4	1	00:32:10	4	00:02:00	02:23:19	8	00:01:28	01:29:00	5	04:27:57	
6	5	Chojnacki Dominik	KS Start Pułaski Warka / 7 PRO Team	6	M2	3	00:37:32	17	00:02:01	02:18:40	6	00:01:47	01:34:56	10	04:34:56	
7	4	Bujko Tomasz	Bujeczko Team	7	M2	4	00:33:05	7	00:01:48	02:23:45	10	00:01:58	01:35:44	13	04:36:20	
8	3	Błaszczak Przemysław	MyTri/Play	8	M2	5	00:35:29	10	00:02:15	02:23:27	9	00:01:48	01:34:01	7	04:37:00	
9	10	Domański Błażej	Triclub	9	M3	2	00:35:27	9	00:02:28	02:26:24	14	00:01:25	01:35:42	12	04:41:26	
10	52	Grzanecki Rafał		10	M3	3	00:42:19	34	00:02:01	02:21:26	7	00:01:43	01:34:33	8	04:42:02	
11	34	Serwa Tomasz	Lubelska grupa triathlonu	11	M3	4	00:38:51	25	00:02:09	02:24:00	11	00:01:35	01:38:26	16	04:45:01	
12	30	Prugar Fukowska Paulina	NeOn	1	K3	1	00:35:38	12	00:01:17	02:36:13	26	00:01:43	01:30:52	6	04:45:43	
13	13	Gołąbek Paweł	Zmitek Team Nowa Dęba	12	M2	6	00:38:11	21	00:01:50	02:25:57	12	00:01:17	01:38:33	17	04:45:48	
14	12	Dziura Tomasz	Wołomin zabiegany	13	M3	5	00:37:58	20	00:02:24	02:31:17	19	00:01:12	01:34:38	9	04:47:29	
15	31	Raczkowski Paweł		14	M3	6	00:37:41	19	00:02:01	02:33:28	20	00:01:51	01:35:10	11	04:50:11	
16	45	Warda Marcin	ORT Łomianki	15	M3	7	00:36:22	13	00:02:04	02:29:12	15	00:01:31	01:41:15	19	04:50:24	
17	49	Zambrowski Grzegorz	Trinity Triathlon Team	16	M2	7	00:41:13	29	00:01:56	02:30:11	16	00:01:39	01:42:10	20	04:57:09	
18	2	Biskup Zbigniew	Stalowowolski Klub Biegacza Triathlon Team	17	M2	8	00:38:31	23	00:02:13	02:35:15	23	00:02:05	01:39:48	18	04:57:52	
19	21	Lorek Marcin	TriWise	18	M3	8	00:32:36	6	00:01:56	02:39:01	33	00:02:22	01:44:39	23	05:00:34	
20	38	Suchodolski Tomasz	HAVRANY	19	M1	2	00:43:03	36	00:04:18	02:35:58	24	00:01:22	01:36:31	14	05:01:12	
21	23	Melchior Marcin		20	M3	9	00:38:22	22	00:01:40	02:35:08	22	00:01:52	01:44:46	24	05:01:48	
22	17	Konik Tomasz	Kuźnia Triathlonu	21	M2	9	00:43:37	38	00:02:19	02:30:27	17	00:01:21	01:44:29	22	05:02:13	
23	11	Dyzkiewicz Radek	Szymanowski Triathlon Team/ Jarosławska Grupa Biegowa	22	M1	3	00:34:41	8	00:01:20	02:36:21	28	00:02:48	01:48:21	27	05:03:31	
24	37	Skórski Marcin	Triathlon Kraśnik Team	23	M3	10	00:37:13	15	00:02:31	02:36:58	30	00:02:30	01:45:35	25	05:04:47	
25	33	Sawczuk Bartosz		24	M2	10	00:38:44	24	00:02:11	02:26:04	13	00:02:18	01:56:54	32	05:06:11	
26	39	Sygnecki Janusz	Consilium	25	M2	11	00:28:04	1	00:01:52	02:36:33	29	00:01:38	01:58:34	33	05:06:41	
27	42	Tabaka Adam	triBak	26	M2	12	00:48:10	42	00:03:03	02:36:20	27	00:01:30	01:37:48	15	05:06:51	
28	40	Szczygło Bartłomiej	Havrany	27	M1	4	00:39:21	26	00:05:53	02:34:37	21	00:03:02	01:51:35	31	05:14:28	

29	14	Kałużński Paweł	Orange Polska	28	M3	11	00:41:56	32	00:02:58	02:47:25	37	00:02:41	01:42:20	21	05:17:20
30	22	Mazurek Krzysztof	KP PSP w Krasnymstawie	29	M2	13	00:37:32	17	00:02:01	02:48:29	38	00:03:27	01:49:19	30	05:20:48
31	15	Kimak Paweł	PZU Sport Team	30	M3	12	00:44:24	39	00:02:15	02:44:55	36	00:02:00	01:48:26	28	05:22:00
32	6	Chruścicki Andrzej	Triathlon Lublin Team	31	M3	13	00:40:00	28	00:02:30	02:40:41	34	00:01:50	02:00:38	36	05:25:39
33	24	Mika Amelia		2	K3	2	00:42:35	35	00:02:56	02:48:54	39	00:02:24	01:49:11	29	05:26:00
34	25	Osińska Monika	Dzikie Borsuki	3	K3	3	00:42:04	33	00:04:53	02:51:23	40	00:03:40	01:45:59	26	05:27:59
35	41	Szewczyk Mateusz	Sushi Team	32	M2	14	00:47:44	41	00:01:59	02:36:00	25	00:03:02	02:01:13	37	05:29:58
36	9	Delegacz Sławomir	MBC TEAM	33	M5	1	00:50:41	44	00:02:31	02:37:05	31	00:02:58	02:01:17	38	05:34:32
37	16	Konicki Grzegorz	Konik Med	34	M2	15	00:51:36	45	00:04:25	02:38:02	32	00:01:57	02:00:06	35	05:36:06
38	19	Kurkiewicz Andrzej		35	M4	2	00:37:10	14	00:03:12	02:42:10	35	00:02:10	02:13:19	42	05:38:01
39	51	Zajac Mariusz		36	M3	14	00:43:04	37	00:02:58	02:30:45	18	00:02:15	02:21:43	44	05:40:45
40	43	Trocewicz Jacek		37	M3	15	00:37:18	16	00:03:02	02:52:47	41	00:02:40	02:11:39	41	05:47:26
41	8	Daniluk Grzegorz	Bravehearts Legionowo	38	M3	16	00:41:51	30	00:03:36	02:56:59	43	00:02:43	02:06:07	40	05:51:16
42	18	Krupowicz Marcin	TRICLUB	39	M4	3	00:41:51	30	00:03:32	02:53:35	42	00:02:26	02:13:19	42	05:54:43
43	20	Kustra Piotr		40	M4	4	00:39:57	27	00:04:58	00:45:55	1	02:21:49	02:03:23	39	05:56:02
44	48	Woskowska Magdalena	BBL Racibórz	4	K3	4	00:45:22	40	00:04:30	03:19:33	44	00:02:35	01:59:40	34	06:11:40

